



# ST. CLAIR COUNTY HEALTH DEPARTMENT



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## PRESS RELEASE-

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## Get Screened for Breast Cancer

October is Breast Cancer Awareness month and St. Clair County Health Officials want to remind women to get a mammogram. Mammograms save lives by detecting breast cancer early, when it is most treatable.

The Illinois Breast and Cervical Cancer Program (IBCCP) offers free mammograms, breast exams, pelvic exams and Pap tests to uninsured or underinsured women age 40 years old and older. Uninsured women who have already been diagnosed with breast cancer may also contact IBCCP for assistance in applying for IL Medicaid.

A mammogram is a low-dose X-ray of your breasts that can detect changes that are too small or too deep to find with a breast self exam.

Warning signs for breast cancer include:

- A new lump in or near the breast or under the arm
- Thickening or swelling of part of the breast
- Irritation or dimpling of breast skin
- Redness or flakey skin in the nipple area or the breast
- Pain in the nipple area
- Nipple discharge other than breast milk that occurs without squeezing
- Any change in size or shape of breast
- Pain in any area of the breast

IBCCP is offered through the St. Clair County Health Department for uninsured/underinsured residents of St. Clair, Clay, Clinton, Fayette, Franklin, Hamilton, Jefferson, Marion, Washington and Wayne counties.

For more information or to determine eligibility call the Health Department at (618) 825-4408.